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No School
Labor Day

3

Sweet and Sour Chicken, Rice;
French Fries
Grill: Grill: Regular and Spicy
Chicken Patty, Fish Sandwich
Made to Order: Burger Bar
Grab N Go: Chicken Caesar Salad
with Breadstick; Ham and Cheese
Cubes with Crackers Pack; Deli Sub
Fresh Fruits and Veggies

4

Chicken Alfredo over Penne Pasta,
Bread stick; Mashed Potatoes/gravy
Grill: Grill: Regular and Spicy Chicken
Patty, Hot Dog, Fish Sandwich
Made to Order: Taco/Nacho Bar
Grab N Go: Chicken Caesar Salad with
Breadstick; Ham and Cheese Cubes
with Crackers Pack; Deli Sub
Fresh Fruits and Veggies

5

Potato Crusted Fish, Bread Stick
Tater Tots
Grill: Grill: Regular and Spicy Chicken
Patty, Fish Sandwich
Made to Order: Burger Bar
Grab N Go: Chicken Caesar Salad
with Breadstick; Ham and Cheese
Cubes with Crackers Pack; Deli Sub
Fresh Fruits and Veggies

6

Huevos Rancheros Burrito, Chili
Spiced Flatbread
French Fries
Grill: Grill: Regular and Spicy Chicken
Patty, Fish Sandwich
Made to Order: Taco/Nacho bar
Grab N Go: Chicken Caesar Salad with
Breadstick; Ham and Cheese Cubes with
Crackers Pack; Deli Sub
Fresh Fruits and Veggies

9

Chicken Drumstick with
Biscuit
Mashed Potatoes
Grill: Spicy or Regular Chicken
Patty, Fish Sandwich
Made to Order: Taco/Nacho bar
Grab N Go: Popcorn Chicken
salad, Muffin Pack, Deli Sub
Fresh Fruits and Veggies

10

Chicken parmesan with Pasta
and Breadstick
Tater Tots
Grill: Spicy or Regular Chicken
Patty, Fish Sandwich
Made to Order: Burger Bar
Grab N Go: Popcorn Chicken Salad,
Muffin Pack, Deli Sub
Fresh Fruits and Veggies

11

Country Popcorn Chicken
Bowl; Mashed Potatoes

Dinner Roll
Grill: Spicy or Regular Chicken
Patty, Fish sandwich
Grab N Go: Popcorn Chicken
Salad, Muffin Pack, Deli Sub
Fresh Fruits and Veggies

12

Vegetarian Fried Rice w/ Egg
Roll
Tater Tots
Grill: Chicken Patty, Spicy Chicken
Patty, Hot Dog, Fish sandwich
Made to Order: Burger Bar
Grab N Go: Popcorn Chicken Salad,
Muffin Pack, Deli Sub
Fresh Fruits and Veggies

13

Custom Pasta Bar with
Breadstick

Mashed Potatoes
Grill: Chicken Patty, Spicy
Chicken patty, Burger
Made to Order: Taco/Nacho bar
Grab N Go: Popcorn Chicken salad,
Muffin Pack, Deli Sub
Fresh Fruits and Veggies

16

Fish Bites w/ Dinner Roll,

Mashed Potatoes
Grill: Spicy or Regular Chicken
Patty, Fish Sandwich
Made to Order: Taco/Nacho Bar
Grab N Go: Cheese and Apple
salad, Bagel pack, Deli Sub
Fresh Fruits and Veggies

17

Cheese Ravioli with Marinara,
Breadstick

French Fries
Grill: Spicy or Regular Chicken
Patty, Fish Sandwich
Made to Order: Burger Bar
Grab N Go: Cheese and Apple
salad, Bagel pack, Deli Sub
Fresh Fruits and Veggies

18

Salisbury steak with Dinner
Roll, Mashed Potatoes
Corn
Grill: Spicy or Plain Chicken
Patty, Fish Sandwich
Made to Order: Taco/Nacho Bar
Grab N Go: Cheese and Apple
salad, Bagel pack, Deli Sub
Fresh Fruits and Veggies

19

Breakfast for Lunch:
Breakfast Tacos, Cilantro Rice
Tater Tots
Grill: Regular or Spicy Chicken
Patty, Fish Sandwich, Hot Dog
Made to Order: Burger Bar
Grab N Go: Cheese and Apple
salad, Bagel pack, Deli Sub
Fresh Fruits and Veggies

20

Cajun Chili Fries, Tortilla
Chips
French Fries
Grill: Regular or Spicy Chicken
Patty, Fish Sandwich
Made to Order: Taco/Nacho bar
Grab N Go: Cheese and Apple
salad, Bagel pack, Deli Sub
Fresh Fruits and Veggies

23

Southwest Meatloaf
w/Gravy
Dinner Roll; Mashed
Potatoes
Grill: Regular or Spicy Chicken
Patty, Fish Sandwich
Made to Order: Taco/Nacho Bar
Grab N Go: Caesar Salad, Pretzel
Stick Pack, Deli Sub
Fresh Fruits and Veggies

24

Custom Pasta Bar: Meatballs
or Popcorn Chicken, Choice
of Sauce

Tater Tots
Grill: Regular or Spicy Chicken
Patty, Fish Sandwich
Made to Order: Burger Bar
Grab N Go: Caesar Salad,
Pretzel Stick Pack, Deli Sub
Fresh Fruits and Veggies

25

Orange Chicken with Lo Mein
Pasta

Mashed Potatoes
Grill: Regular or Spicy Chicken
Patty, Fish Sandwich, Hotdog
Made to Order: Taco/Nacho Bar
Grab N Go: Caesar Salad, Pretzel
Stick Pack, Deli Sub
Fresh Fruits and Veggies

26

Disco Fries, Breadstick

French Fries
Grill: Regular or Spicy Chicken
Patty, Fish Sandwich, Hot Dog
Made to Order: Burger Bar
Grab N Go: Caesar Salad, Pretzel
Stick Pack, Deli Sub
Fresh Fruits and Veggies

27

Breakfast for Lunch:
Cheesy Ham and Egg
Pancake Panini

Grill: Regular or Spicy Chicken
Patty, Fish Sandwich, Burger
Made to Order: Taco/Nacho Bar
Grab N Go: Caesar Salad, Pretzel
Stick Pack, Deli Sub
Fresh Fruits and Veggies

30

Chipotle Lime Chicken Burrito

French Fries
Grill: Regular or Spicy Chicken
Patty, Fish Sandwich
Made to Order: Taco/Nacho Bar
Grab N Go: Build your Own Pizza
Pack, Hard Cooked Egg with
Cheese and Crackers, Deli Sub
Fresh Fruits and Veggies

CHALLENGE YOURSELF:
KEEP ACTIVE
+ WALK MORE
+ ALL DAY
= A STRONG & FIT YOU

Daily Offerings!

- **Fruit & Vegetable Bar**
- **Cheese & Pepperoni Pizza**
- **Milk- Skim, Chocolate Skim,**
Unflavored Skim, Chocolate & Non-
Lactose